

You're Never Alone On The Road To Recovery

Addiction is a chronic illness similar to diabetes, cancer and cardiovascular disease. Left untreated, it can be progressive and life threatening. It needs to be treated like any other chronic illness, with a relapse signaling a need for further intervention. Despite what many still believe, it is not a reflection of weakness, lack of will power or a defect in moral character. The disease of addiction knows no prejudice and is a national epidemic.

For many struggling, seeking help can be a frightening experience. NAFAS and its agencies will provide support, guidance and information to help you make the first step. Nafas member agencies offer a wide range of services that vary from agency to agency, spread throughout Nassau County to help adults, adolescents and families. We offer Crisis Services, Detoxification, Residential Treatment, Opioid Treatment Programs and Inpatient, Outpatient and Intensive Outpatient Services. If you or someone that you care about is in need of help, please contact one of our numerous partners.



Your
Friend

Providers

Town	Name	Telephone	Age
Franklin Square	Community Counseling Services of W. Nassau, Inc.	516-505-1717	8 +
Freeport	H.E.L.P. Services, Inc.	516-546-2822	16 +
Freeport	S. Shore Child Guidance	516-378-2992	17 +
Garden City	Mercy Medical Center	516-705-3400	18 +
Glen Cove	Melillo Center	516-676-2388	15 +
Glen Oaks	Zucker Hillside Hospital - Addiction Recovery Service	718-470-8940 718-470-8950	18 +
Great Neck	COPAY, Inc.	516-466-2509	6 +
Hempstead	Center for Rapid Recovery	516-292-6449	18 +
Hempstead	EAC New Path Treatment Center	516-486-3222	18 +
Hempstead	EDNY	516-481-0052	14 +
Hempstead	Family & Children's Assn.	516-486-7200	13 +
Hempstead	Hispanic Counseling Center	516-538-2613	14 +
Hicksville	Family & Children's Assn.	516-935-6858	13 +
Lawrence	Five Towns Community Center	516-239-6244	14 +
Levittown	Southeast Nassau Guidance	516-605-1510	8 +
Levittown	YES Community Counseling Center	516-799-3203	5 +
Long Beach	Long Beach Reach	516-889-2332	12 +
Lynbrook	LINK div of Long Beach Reach	516-887-4848	8 +
Massapequa	YES Community Counseling Center	516-799-3203	12 +
Merrick	Tempo Group	516-374-3671	Any Age
Mineola	Mineola Community Treatment Center	516-742-4015	18 +
Mineola	Nassau Alternative Advocacy	516-741-0534	13 +
Mineola	Seafeld Services	516-747-5644	16 +
Oceanside	Oceanside Counseling Center	516-766-6283	14 +
Oyster Bay	Youth & Family Counseling Agency	516-922-6867	5 +
Port Washington	Port Counseling div of Long Beach Reach	516-767-1133	15 +
Rockville Centre	Confide Counseling Center	516-764-5522	18 +
Roosevelt	REACT	516-623-7741	18 +
Seaford	Southeast Nassau Guidance	516-679-9800	18 +
Syosset	Tempo Group	516-374-3671	Any Age
Syosset	The Kenneth Peters Center	516-364-2220	14 +
Valley Stream	Friends of Bridge	516-825-4242	14 +
Valley Stream	New Horizon Counseling Center	516-872-9698	14 +
Wantagh	Southeast Nassau Guidance	516-781-1911	18 +
West Hempstead	Project Outreach	516-481-2890	18 +
Westbury	North Shore Child and Family	516-997-2926	10 +
Woodmere	Tempo Group	516-374-3671	Any Age

ANYONE CAN BE AFFECTED
BY DRUGS OR ALCOHOL



TOGETHER WE CAN
OVERCOME THE STIGMA OF
DRUG & ALCOHOL DEPENDENCE



NAFAS

NASSAU ALLIANCE FOR ADDICTION SERVICES



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Nassau Alliance for Addiction Services (NAFAS) is a coalition of organizations committed to delivering affordable, accessible and comprehensive prevention and treatment services for individuals and families faced with the consequences of a substance use disorder.

Participation in clinical treatment can play an integral part in the recovery process. Far too often barriers exist which impede on this valuable first step. These issues include insurers denying access to treatment, economic impediments and social stigma.

NAFAS strongly and unceasingly advocates, ensuring that a full range of services are available to all those in need. It provides community education and public awareness to eliminate a social stigma while preserving and enhancing the quality of treatment.

OVERCOMING THE STIGMA OF DRUG & ALCOHOL DEPENDENCE & ADDICTION

WARNING SIGNS AND SYMPTOMS OF A SUBSTANCE USE DISORDER

- Lack of motivation.
- Changes in appetite or sleeping patterns.
- Sudden mood changes, irritability or angry outbursts.
- Deterioration in personal grooming or physical appearance.
- You neglect your responsibilities and don't care about the things you usually care about.
- You stopped doing activities or hobbies that you once enjoyed.
- Drop in performance at school or work.
- Arguing with family, friends or co-workers.
- Failing in your attempt to stop using the drug.
- Having intense urges for the drug.
- You've built up a high tolerance.
- You've lost control over your substance use.
- Continued use despite negative consequences.
- You've driven or done other dangerous activities while under the influence of substances.
- Your substance use has gotten you into legal trouble.
- Making certain that you maintain a supply of the drug.
- You borrow or steal money to pay for drugs.
- Drugs take up greater time, energy and focus.
- You're not using medications in the way they were intended.
- You use medication prescribed for other people.
- Experiencing withdrawal symptoms when you attempt to stop taking the drug.

SERVICES AVAILABLE

- Comprehensive Assessments
- Psychiatric Evaluations
- Individual, Group, Couple and Family Therapy
- Integrated Care
- Medication Management
- Buprenorphine Treatment
- DWI and Mandated Programs
- Parenting and Significant Other Programs
- Stress Management
- Anger Management
- Problem Gambling
- Breathalyzer and Urine Toxicology Monitoring
- Smoking Cessation
- Wellness Groups
- Vocational & Educational Services
- Services in English & Spanish
- Speakers Bureau

(Services vary by location.)

CONTACT INFORMATION:

Visit the NAFAS website at:

www.nassaualliance.org

For immediate help, contact a provider from our directory or call the Nassau County Drug and Alcohol Hotline (24/7): **516-481-4000**

Payment:

NAFAS agencies are contracted with most insurance companies. Every attempt is made to work with your insurance provider first. Reasonable self-pay rates are available if necessary.

NAFAS: CHANGING AWARENESS & MINDS Altering public perception regarding dependency and addiction means informing and educating one person at a time. The member agencies of Nassau Alliance For Addiction Services (NAFAS) are dedicated to increasing public awareness and understanding of drug dependence and alcoholism. The coalition's numerous public educational efforts, treatment services and support programs have helped many Long Islanders on the road to recovery.

